

2018-2019

Physical Education/Health Major

3.00 credits for completion

**Student Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Aspire #: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Instructions:**

1. Check all classes you have taken.
2. Pay Finance $2.00 and attach receipt.
3. Attach copy of transcript.
4. Return application to Mr. Hoffart in UTC1 by **March 4, 2019**.

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 | **FOUNDATION COURSES (required)** | **CREDITS** | **TOTAL CREDITS** |
|  | Fitness for Life | .50 | 2.00 credits |
|  | Health II | .50 |
|  | Participation Skills | .50 |
|  | Lifetime Activities, Outdoor Rec., Social Dance, Weight Lifting, or Sports Participation\*\* (per District policy) | .50 |
|  | **ELECTIVE COURSES\*** | **CREDITS** | **TOTAL CREDITS** |
|  | Anatomy and Physiology | .50 | 1.0 credit |
|  | Exercise Science | .50 |
|  | Exercise/Sports Medicine A | .50 |
|  | Exercise/Sports Medicine B | .50 |
|  | Lifetime Activities (*if not taken as a Foundation course)* | .50 |
|  | Literature Sports and Con | .50 |
|  | Outdoor Recreation (*if not taken as a Foundation course)* | .50 |
|  | Social Dance\*\*\* (*if not taken as a Foundation course)* | .50 |
|  | Sports and Entertainment Marketing | .50 |
|  | Weight Lifting (*if not taken as a Foundation course)* | .50 |
|  | Sports Participation\*\* (*if not taken as a Foundation course)* | .50 |

\*Only one major per student

\*\*Each course may count only one time towards major.

\*\*\*Must be taken for PE credit, as shown on transcript.

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| **SIGNATURES** | **DATE** |
| Student: |  |
| Department Head: |  |